



Australian Government



Dear Parent

Congratulations

Congratulations on the birth of your child. This can be both an exciting and challenging time in your life with so much to do and learn. Centrelink is committed to delivering a range of services and programmes to support Australian families during this stage of their lives.

There is a range of social and health related services and payments that the Australian Government provides to assist families. This Parent Pack is designed to help make it easier for families to deal with the Australian Government and to know what assistance is available and how to access it.

Inside this pack you will find a checklist of things you should do to access government services as well as key dates to remember, information about family assistance and how to find more information about services for families.

Also included in your pack is a copy of the Raising Children DVD which provides plenty of practical advice and information about parenting. You can find more information on the Raising Children Network website, www.raisingchildren.net.au. The DVD is available in a format suitable for hearing or vision impaired customers by calling the Raising Children Network on (02) 9007 5831 or by emailing rcdvdty@raisingchildren.net.au

I hope you find this pack to be a helpful resource in this important time of your life.

A handwritten signature in black ink, appearing to read 'Hank Jongen', written over a horizontal line.

Hank Jongen
General Manager
Centrelink